



Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
<p>2</p> <p>Cheeseburger on a Bun Bagel Meal</p> <p>FEATURED VEGGIES Sweet Potato Fries Broccoli</p>	<p>3</p> <p>Pierogies Bagel Meal</p> <p>FEATURED VEGGIES Green Beans Celery Sticks</p>	<p>4</p> <p>Pizza Crunchers Bagel Meal</p> <p>FEATURED VEGGIES Steamed Broccoli Cucumber Slices</p>	<p>5</p> <p>Chicken Tenders with Roll Bagel Meal</p> <p>FEATURED VEGGIES Hot Carrots Broccoli Salad</p>	<p>6</p> <p>½ Day Italian Hoagie Bagel Meal</p> <p>FEATURED VEGGIES Baby Carrots</p>	<p>What is a Meal? You must choose at least 3 of the 5 components available for the school lunch price.</p> <ul style="list-style-type: none"> - Choice of Whole Grain - Choice of Protein - Choice of Vegetable - Choice of Fruit - Choice of Milk <p>A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.</p> <p>Choice of Vegetable Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables</p> <p>Choice of Fruit Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice</p> <p>Choice of Milk 1% white</p> <p>(V) Vegetarian These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg</p> <p>(VG) Vegan These items do not contain any animal products</p>
<p>9</p> <p>Fish Sticks with Buttered Pasta Bagel Meal</p> <p>FEATURED VEGGIES Peas Cucumber Slices</p>	<p>10</p> <p>Beef Tacos on Soft Tortillas Bagel Meal</p> <p>FEATURED VEGGIES Sweet Potato Fries Celery Sticks</p>	<p>11</p> <p>½ Day Turkey Ham & Cheese Sandwich Bagel Meal</p> <p>FEATURED VEGGIES Baby Carrots</p>	<p>12</p> <p>½ Day Turkey & Cheese Sandwich Bagel Meal</p> <p>FEATURED VEGGIES Baby Carrots</p>	<p>13</p>	
<p>16</p>	<p>17</p>	<p>18</p>	<p>19</p>	<p>20</p>	
<p>23</p>	<p>24</p>	<p>25</p>	<p>26</p>	<p>27</p>	
<p>30</p>					

Your Team

Lisa O'Brien, Food Service Director
856-769-0855 ext. 2151
ma1589@metzcorp.com

Meal Prices

Student Lunch	\$3.70
Reduced Lunch	\$0.00
Faculty Lunch	\$4.50

